



# The Air We Breathe

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*“For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities - all things were created through him and for him”  
- Colossians 1:16*

## OBJECTIVE

Invite your group members into living in sync with God’s kingdom. Help lead your group into deeper discipleship and love of Jesus. Ask for the Holy Spirit to shape your heart, and the hearts of those who attend your group.

### *Welcome and Ice-Breaker*

For fun: What was your favourite cereal growing up?

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## DISCUSSION

Key Texts: Psalm 19, Colossians 1:15-20

Ask someone (or multiple people) to read the texts aloud and then ask someone to summarize the sermon.

### *Perceive*

1. What are some key phrases or verses in the passage that stick out to you? Why?
2. What can we learn from this section of Scripture?

## *Ponder*

1. How have you seen the relationship between faith and science? Has it changed over time?
2. Have any scientific discoveries revealed more to you about the God we worship? Or led you to deeper worship of Him?
3. How do you respond to the statement, “The bible is not a science textbook; it doesn’t tell us exactly how everything came to be or everything there is to know, but that God is the author behind creation”?
4. How can we seek to integrate faith and science rather than see them as opposed to each other?
5. What are the limits of what science can teach us? Why does a naturalistic viewpoint that only looks at facts and observable data leave deeper questions unanswered? What might some of those questions be?

## **PRAY & PRACTICE**

Pray: As a group, spend time praising God for His wonderful work of creation that is discoverable and beautiful.

Practice: This week, read Psalm 104 on your own. Meditate on the Creator behind the creation.